



FriendshipWorks was founded in 1984 to help reduce social isolation, enhance the quality of life, and preserve the dignity of older adults in Greater Boston. This work is accomplished by recruiting volunteers of all ages, faiths, and backgrounds who provide friendship, advocacy, education, assistance, and emotional support.



We serve older adults, 60+ years of age (or 55+ if have vision/hearing loss) by matching them with volunteers for friendship and assistance. We also have Spanish-speaking staff and can often match in a variety of languages. These services are at NO cost.

NOTE: Programs have now returned to in person as each party is comfortable & with guidelines.

Friendly Visiting: Friendly Visitors develop one-on-one relationships with older adults. They visit once a week to drink coffee or tea, share stories, go for walks or do errands together, or assist with small tasks. Over time, both people grow and learn from each other, often becoming great friends. *Serving Boston, Brookline, Newton, Cambridge, Somerville.*

Medical Escorts: A “door-through-door” service where volunteers accompany individuals to medical appointments, providing personalized support before, during, and after the visit. We do not provide transportation but accompany people on their visits. *Serving Boston and Brookline.*

Friendly Helpers: Volunteers provide short-term assistance to older adults who have a specific need but no one to help them. Activities might include: helping with organization, seasonal tasks, errands, or picking up library books. *Serving Boston and Brookline.*

PetPals: This pet visitation program brings volunteers and their pets to visit older adults living in long-term care facilities. *Serving Boston and Brookline.*

MusicWorks: Musicians bring the joy of music to older adults in their buildings, offering them the opportunity to listen, engage, and participate in group activities that include singing, dancing, and instruments. Groups are weekday mornings or afternoons. *Serving Boston.*

Have questions? Want to learn more? Need to make a referral?

- Complete a short form on our website at fw4elders.org/front-page/make-a-referral/ OR
- Call 617-482-1510 and follow the prompts for Friendly Visiting.
- Email: friend@fw4elders.org